

“Tip” of the Month

OFF-TO-COLLEGE CHECKLIST

Plan For College, www.collegeboard.com (Modified Version)

Use this checklist to make sure you have everything you need for your first year at college. These are just suggestions; you should adapt this list to suit your own situation.

To save packing/shipping, it might be wise to buy some of these items after you arrive.

Clothing

- 14 sets of underwear
- 14 pairs of socks (more if you play sports)
- 5 pairs of pants/jeans
- 14 shirts/blouses
- 2 sets of sweats
- Pajamas
- Slippers and/or flip-flops
- 2 sweaters
- Light/heavy jackets
- Gloves/scarf/hat
- 1 pair of boots
- 2 pairs of sneakers or comfortable/walking shoes
- 1 set of business-casual clothes
- 1 pair of dress shoes
- 1 swimsuit

Room Needs/Storage

- Bedside lamp
- Alarm clock/clock radio
- Wastepaper basket
- Storage bins
- Under-the-bed storage trays
- Desk lamp
- Fan
- Drying rack for laundry

- Dry-erase wall calendar/board
- Toolkit
- Picture hangers

Electronics

- Computer and printer
- Phone cord/Ethernet cord for computer
- Surge protector
- Extension cords
- 3-2 prong adapters
- Portable music player
- Headphones
- Camera
- Cell phone

Linens/Laundry Supplies

- Sheets and pillowcases (2 sets. Check with college for size needed — some college twin beds are extra long.)
- Towels (3 each of bath, hand and face)
- Pillows (2)
- Mattress pad (Check with college for size needed.)
- Blankets (2)
- Comforter/bedspread
- Clothes hangers
- Laundry bag/basket
- Laundry detergent, fabric softener and stain remover
- Roll(s) of quarters
- Lint brush
- Sewing kit

Toiletries

- Antacid
- Aspirin or other pain relievers
- Vitamins
- Antidiarrheal medicine
- Adhesive bandages, antibiotic ointment
- Cough drops
- Shower tote
- Shampoo and conditioner
- Hairstyling products
- Bath and face soap
- Travel soap container(s)

- Toothpaste and toothbrush
- Dental floss
- Comb/brush
- Tweezers
- Nail clippers
- Hair dryer
- Razor and shaving cream
- Lotion and/or facial moisturizer
- Cotton swabs

Miscellaneous

- Umbrella
- Backpack
- Sports equipment

Office/Desk Supplies

- Electronic storage media such as CDs/DVDs, memory cards and USB flash drives
- Stapler and staples
- Printer paper
- Pens and pencils
- Pencil holder and sharpener
- Notebooks
- Folder with pockets
- Labels of various sizes
- 3 x 5 cards
- Sticky notes
- Paper clips and binder clips
- Rubber bands
- Scissors
- Highlighter pens (multiple colors)
- Ruler
- Stackable desk trays (at least 4)
- Hanging files or folders
- Dictionary
- Thesaurus
- Stamps and envelopes

Shared Items — Check with roommate(s)

- Audio equipment
- TV and VCR/DVD player
- Coffeemaker/hot pot

- Microwave/toaster oven/hot plate, if allowed
- Small refrigerator
- Area rug
- Posters/art

Household and Kitchen Items

- Paper towels
- Trash bags
- Lightbulbs
- All-purpose cleaner
- Plastic storage bags
- Food-storage containers
- Dish soap
- Wet wipes
- Tissues
- Bowl, plate and cup
- Coffee mug
- Silverware
- Can/bottle opener

